Attack of the Condors
The varsity rugby team won bronze at the championships in Welland Nov 1 and 2.
Feature 11

Spoke

Monday November 10, 2003 | Conestoga College Kitchener | 35th Year — No 9

Halloween howl
Students filled the Sanctuary for the Halloween party on Oct. 30
NEWS 3

Guild Award handed out
Disability services counsellor Rick Casey was honoured for biking across Canada
NEWS 7

College security stepped up

By CARLA SANDHAM

After a rash of thefts at the college, security services is taking an initiative to fight the crime.

The latest addition to improve security is after school admittance passes.

Although the policy may sound new to students, chief of security Al Hunter said they have been in place for years.

"We just stepped up enforcement," he said.

At 5 p.m. each day specialty labs and high-risk areas such as journalism and broadcast labs are locked.

Hunter said students who wish to use the labs in the evening must get a faculty member to sign a pass which indicates the student's name, number and times he or she will be there. Then the student must present the pass to security before the door is unlocked.

Some students think the policy is inconvenient, but Hunter said it's the way to go.

"We have better control and can still balance accessibility with safety and security," he said.

Hunter added if a student requires an overnight pass or a pass for an extended period of time, the program dean must sign the pass as well as the teacher.

And for safety reasons, Hunter said there must be a minimum of three graphic design students in their department after hours.

Some other colleges use a more sophisticated system.

Sheridan College in Oakville is currently in the process of implementing keyless entry.

Susan Gilbert, manager of security and parking services at Sheridan, said about 100 doors in the school can be electronically accessed. Therefore, in order to enter, students must swipe a card which is monitored by security staff.

The cards let security know who and when a person enters and can determine who is permitted. For instance, she said a marketing student's card would not allow him or her access to a graphic design lab.

Gilbert said there are also between 75 and 80 cameras set up around Sheridan's campus.

"There are cameras in halls, parking lots, classrooms, labs and areas worth a lot of money," she added.

Mandy Corbiere, a graphic design student at Fanshawe College in London, said they also use swipe cards in specialty labs.

"We also have cameras in the labs to stop people from stealing, eating and drinking in the labs," said Corbiere.

Conestoga has cameras on the first, second and third floors, but none on the fourth or in parking lots where most of the thefts have occurred.

Between July and October about $6,000 worth of camera equipment was stolen from the fourth floor television editing suites and several stereo systems have been lifted from cars in various lots. Other technical equipment was also stolen throughout the college.

Hunter said cameras were not previously installed in parking lots and on the fourth floor because they didn't have the funds.

Continued on Page 2

(Photo by Ryan Connell)

CSI vice president of student activities Ethan Miller digs into a roasted pig. The CSI sponsored a pig roast for students at the residence on Oct. 30. About 200 students showed up to chow down on the 140 pound hog. See Page 10 for more photos.

Nature's light show

The northern lights were out in full force Oct. 28 due to a powerful solar flare. The lights were seen as far south as California.

Students pig out on pork

By RYAN CONNELL

When free food was offered to students at the first-ever residence pig roast, there was no way they could pass it up.

The Conestoga Residence and Conference Centre held a pig roast [illegible] in the residence's first [illegible] Conestoga Students Inc. (CSI) on Oct. 30.

Approximately 200 students [illegible] of the [illegible] pig that weighed 63 k[illegible] Baked beans, casseroles [illegible] the CSI [illegible]

[illegible]

[illegible] Miller [illegible]

"It went far beyond our expectations."

Third year special needs student and resident adviser Debbie Brock was in charge of managing and promoting the event to make sure students showed up.

"It went amazing. Everybody seemed happy [illegible] and [illegible] looking forward to another pig roast in the future," Brock said.

The roast [illegible] event that CSI is hoping [illegible] residence. CSI [illegible] Niagara Falls in September and [illegible] trip to Toronto [illegible]

[illegible]

[illegible] probably [illegible] Oberholtzer [illegible] CSI [illegible] job and [illegible] thank [illegible] help [illegible]

CSI spent about [illegible] the food, the pig [illegible] $200 from [illegible] Market in Baden [illegible]

Miller said [illegible]

[illegible]

[illegible] ideas on the pig [illegible]

Students struck down by CSI appeal board decision

By JEFF HEUCHERT

The CSI has upheld its decision to disqualify the two students who appealed their disqualification from the board of directors election.

Nizar Abbond and Francesco Robles both lost their appeals in a unanimous decision by the appeal board Oct 24

A third student, Sele Ekpen was also disqualified but chose not to appeal the decision

The decision to disqualify the three candidates was made on the Monday morning of the election after discussion between the CSI chief returning officer Judy Dusick, and the CSI president Justin Falconer

Dusick who had to make the final decision asked Falconer for his advice from a policy standpoint.

The disqualification was due to three broken campaign policies.

The rules stated candidates were allowed one poster per 30 feet of wall posters could not be posted in the business wing and posters had to be taken down by a certain deadline.

Falconer said it was a tough decision but he wanted to make sure the rules were followed as written, so that all the candidates had a fair opportunity

Amongst all the accusations the most serious came from Ekpen who in an e mail accused the CSI of being a proficient racist student body

He said the CSI was discriminating against non Canadian born students

Falconer said the accusation was disappointing and that Ekpen s intention was to create attention

Pulling the race card how does anyone deal with that what can you honestly say"

Abbond doesn t think the rules were significant enough to result in their disqualification

"Anyone can take a poster off and stick it somewhere else it makes no difference it s not an issue."

The three candidates chosen to use one poster with all three of their names on it.

Falconer said if someone went to vote and campaign material was still up and other candidate s material was not, they would have had an advantage

Abbond thinks they were disqualified for no legitimate reason and that the CSI has a specific reason why they don t want the three of them on the board

He said last year when Robles and Ekpen were on the board they didn t always agree with the other board members and because he was with them this year the CSI thought he would cause problems for the board as well

Falconer disagreed and said Robles and Ekpen were both very active people who had a lot to say and brought a very neat perspective to the board

"They in so experienced they ve put so much time into the CSI it s sad that they re probably upset I don t blame them"

Abbond explained that with the three of them together on the board and only six total members every vote would have been difficult

"The CSI doesn t want people who stand up for themselves" said Abbond they want people to go with whatever they want to happen"

The five remaining candidates were acclaimed to their positions on the board leaving one position to be filled

Falconer said the decision on how it will be filled will be left up to the board of directors

Falconer encourages the three to stay involved and even run again if the board decides to hold a byelection for the last spot

This whole experience has raised a red flag according to Falconer who now acknowledges problems with some of the campaign policies

He said it will be under his insistence that they review the election policies at the end of the year and make needed changes

Con-ed teacher dies

By JENNIFER OPMSTON

A hairdresser and mixology teacher at Conestoga College's Waterloo campus died in his sleep on Oct. 18 at the age of 61

Thaddeus (Ted) Kawalec taught these courses for more than 20 years.

He was well liked by the students said Norma Lowndes the Waterloo campus administration clerk who oversees the nonfinancing education courses

"They all looked forward to attending his classes" she said

Kawalec took his job seriously said Lowndes "He was proud to have worked for the college for so long

Kawalec was also a previous Zehrs employee and a former owner of the Conestoga Golf and Country Club.

Donations can be made in his name to St Mary s Hospital the Heart and Stroke Foundation of Ontario or the Children s Wish Foundation

Students win new Canada Millennium scholarships

By JAMES CLARK

The Canada Millennium Scholarship Foundation has awarded the inaugural excellence award to five Conestoga College students for their academic achievement and role in their community

A total of 830 students from more than 200 post secondary institutions across Canada received the award

There were up to 100 renewable $3 000 scholarships up to 200 renewable $4 000 scholarships and 900 $4 000 scholarships available

It is the first year the award has been distributed. Students are eligible for the award if they achieved a 77 per cent average in their previous year of studies at a post secondary institution The students must display strong leadership qualities and perform volunteer work that betters their community

Only 16 Conestoga College students applied for the award

To apply a student must have two references one from a friend and one from a faculty member An application form must also be filled out

Sarah Roberts and one other Conestoga student, whose name was unavailable were the recipients of the renewable $4 000 scholarship They must maintain their average and continue to be an asset to the community to receive the award next year

Industrial mechanic apprentice student Michael Gingerich early childhood education student Larissa Shantz and law and security student Justin Kennedy received the $4 000 scholarship

Kennedy said he was surprised when he read the email that said he was one of the winners because he realized the chances of winning were slim

Kennedy volunteered at a number of different events at Conestoga. He preformed security duties at pub nights and helped with Explore Conestoga days

Outside of school Kennedy volunteered at Planned Parenthood, a group that promotes healthy sexuality

Through this group Kennedy coordinated a conference that educated youth on making responsible sexual decisions

He said the 10 to 15 hours of volunteer work he did a week was done not to win the scholarship but to help out in the community

You don't really play volunteer work around something like this said Kennedy who is planning on joining the military after graduating from Conestoga College

The Canadian Millennium Scholarship Foundation also offers an entrance award. This award is available only to students who are entering their first year of post secondary education. The foundation has awarded more than $1 2 billion to 340 000 students since its creation in 1998

All awards given out by the foundation are based on merit with no regard to financial need

(Photo by James Doyle)

Getting crafty

Mary Anne Helmond of the Sewing Loft arranges some merchandise in her booth at the craft and vintage show that took place at the recreation centre Nov 1 2

Security concerns promptly answered

Continued from Page 1

He added cameras were also not included in the design of the fourth floor

"We were more concerned with safety not asset protection he said

Cameras are currently being mounted in the parking lots but they will not be added to the fourth floor However Hunter said a high tech alarm system would be

"We are putting our money where our mouth is" he said.

Steve Parr a broadcasting teacher, said he is excited about the new system.

It s a unique system and it will protect every piece of equipment left out" Parr said If something is being taken security will be on top of the thief"

Media studies teacher Dean Stoltz is also happy with the improvement security feature

"It reiterates the college s commitment and dedication to the program, he said "Sometimes it s hard to get even a nickel or a dime out of them.

Gilbert said Sheridan uses a similar system called a screamer alarm If anything is being stolen the alarm will immediately sound in the security office and the cameras will automatically show the area where the theft is being committed

"It s a deterrent, she said, adding most thefts at the college are crimes of opportunity or carelessness of the equipment owner

Despite numerous break ins and thefts at Conestoga, many students still feel safe

"Personally I feel safe. I think I am capable of taking care of myself" said Tanya Parasram a law and security student

She said she hasn t taken any extra precautions when it comes to parking her car here

Melissa Derken a marketing student, said she double checks her doors are locked now

But I think security is doing all they can

Lasagna luncheon huge success

By CARLA KOWALYK

Thanks to the hard work and dedication of volunteers, cafeteria staff and Conestoga College students and their grandkids, the Oct. 28 Lasagna luncheon was a great success.

John Kast, food services director for the cafeteria, said they sold 240 luncheons at $5 each.

All of those luncheons equal $1,200. Kast said. All of the proceeds will be given to The United Way, every single penny.

The $1,200 raised was not the cafeteria's final donation to the rebound drive for The United Way.

Cafeteria staff were encouraged to dress in clothing other than the uniform on days called "Casual Fridays."

Each worker could donate a toonie and dress in their comfortable clothing.

With the Casual Fridays money raised in extra $600," Kast said. "So that brings our grand total to $1,700."

This year's total topped last year's donation by almost $600.

"We outdid ourselves this year," Kast said. "Next year we want to do better, and aim for $2,000."

Jake Welch, a volunteer with co-op placement, has been for The United Way's campaign committee for three years.

Welch and Chef Michael Praikschas helped dish out the luncheon to students.

The lunch included a slice of lasagna, a vegetarian meal, a granola bar and piece of garlic bread.

"It's been going really well," Welch said with a smile.

"We've gone through six trays of lasagna and we're only in the first hour."

Welch had many reasons for volunteering at the luncheon.

"It's a nice feeling to lend a supportive hand to a really good cause," she said.

Natalie Hoy, 25, a second year nursing student and Helena Wanzo, 25, a first year advertising student, both agreed they chose the lasagna luncheon because it smelled great.

Plus it was only $5, tax included, Wanzo said.

Rob Speers, a third-year business student, said he hadn't really put much thought into why he chose the lasagna over other foods.

"It was there, and it was something different from the regular lunch. The 23 year old said. And it's fantastic that the money from the luncheon is going to The United Way."

Kast pointed out that The United Way helps many different organizations.

The United Way offers direct financial support to more than 77,000 funded agencies.

It also provides funding to an additional 100,000 organizations through direct donor giving.

Big Brother, Big Sister and Habitat for Humanity are just a few of the organizations that are funded through the campaigns.

Kast said The United Way was one of his favourite charities for many reasons.

"It's a great and worthwhile cause," he said. "Without the United Way most of these charities would not even exist. Their money covers a lot of areas and that's a great thing."

(Photo by Carla Kowalyk)

Chef Michael Praikschas serves up a plate of lasagna for the United Way on Oct. 28. They sold 240 lunches at $5 each.

Fright Week spooks students with scary movie marathon

By BRYAN MARTIN

It was Fright Week in the Sanctuary at Conestoga College in celebration of Halloween.

Conestoga Students Inc. put on a number of horror films throughout the day for students to watch.

Some of the movies included Friday the 13th, Halloween, I Know What You Did Last Summer, Urban Legends and Scream.

CSI played three or four movies a day that kept the Sanctuary filled with students.

Mark Quigley, a first year marketing student, said he enjoyed the atmosphere in the Sanctuary and feels it's great for relaxing.

"I love coming in here during these movies. It's a great place to come and chill," said Quigley.

Neil D'Souza, a third year mechanical engineering student, said he's not really into the movies, but at least it's something new for a change.

"It's free and it's convenient so I'm not complaining."

Jody Andruszkiewicz, the CSI events programmer, said he likes the way the movie theme week was received by students.

He runs he plans to have more of them in the future.

"I love coming here during these movies"

Mark Quigley
marketing student

Alex Donn, a second year civil engineering student, said he likes the movies, but wishes they showed a greater variety.

"It seems like all the CSI is playing are these teen slasher films. I want to see some good old classics like [illegible]."

Donn [illegible] movies and wishes the lights would be turned back on.

"I don't like how you come in here for your hour lunch and only get to see a part of a movie," said D'Souza. "I definitely won't attend anymore of these movies."

though I can't watch the whole movie at lunchtime, if I like what I see then I'll rent the movie.

Andrew Kelly, a second-year computer programmer analyst student, said he loves these movies and plans to watch as many as possible.

"I think this Halloween movie theme week is pretty cool and I think there should be more movie theme weeks throughout the year."

Bogdan Soica, a first-year public relations student, said he's not really into the movies, but at least it's something new for a change.

"It's free and it's convenient so I'm not complaining."

Jody Andruszkiewicz, the CSI events programmer, said he likes the way the movie theme week was received by students.

He runs he plans to have more of them in the future.

Conestoga College students filled the Sanctuary on Oct. 28. Conestoga Students Inc. showed a variety of scary movies, including I Know What You Did Last Summer and Friday the 13th.

Halloween party rocks the Sanctuary

Students packed the dance floor and thrilled CSI

By MIKE WILSON

The Sanctuary was filled nearly to capacity for the Oct. 30 Halloween party.

It was a welcome change for Conestoga Students Inc. from last year's sparsely attended pub nights and parties.

"I think it shows that students are starting to buy into an overall student life," said Jody Andruszkiewicz, the CSI's events programmer.

The dance floor was packed for most of the night as bartenders and other staff were consistently busy.

[illegible]

dressed up."

Roughly half the students at the party wore costumes. Cut-rate hippies, tarts and rehoboam costumes were popular for the girls.

A lot of the guys wore hobo costumes and there were also a couple dressed as pimps.

Second year journalism student James Clark was memorable in his Jack Nicholson costume in his out I am About Schmidt movie poster.

And second year computer engineering student Glen Sutherland [illegible] a full body Dr. Seuss costume.

Commentary

McGuinty misled Ontarians

Ontario has chosen change but we're not getting it. Dalton McGuinty has only been premier for less than a month and he has already broken a campaign promise. On Oct. 30 McGuinty announced he would end the current hydro rate freeze, when he told voters during the election he would keep the cap until 2006. Cancelling the subsidy is part of the premier's plan to reduce the $5.6-billion deficit he inherited from the Conservatives.

This decision is a smart one. Right now, residents and small businesses are paying 4.3 cents per kilowatt hour. The provincial government had been picking up the rest which is almost two cents more. So far it has cost the province about $700 million.

The cap does help those with low incomes. But it also encourages residents to waste energy since they are not seeing the real cost.

However the simple fact remains that McGuinty lied. And what is he doing in his defence? He's playing the blame game.

On Oct. 30 McGuinty expressed his anger towards the former premier for misleading the public about the deficit. During his campaign, Ernie Eves told the province there was no deficit. But the truth came out at the end of October when former auditor Erik Peters announced the province has a $5.6 billion debt.

In a speech to the Economic Club of Toronto McGuinty took aim at the Tories. He said "Never has any provincial budget so inaccurately represented the state of the government's finances. To be off by $1 billion or even $2 billion is one thing, but to be off by $5.6 billion is incomprehensible and unforgivable. I mean what happened to the truth here?"

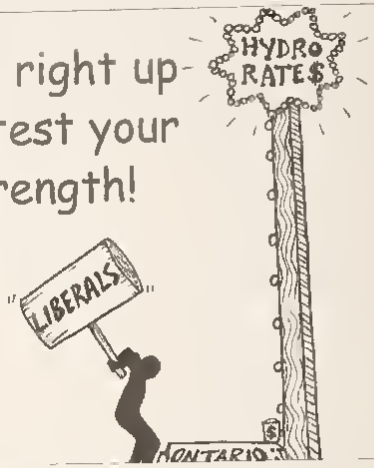
What did happen to the truth? Yes the Eves government did lie to us and they should be publicly criticized for it. But the finger pointing has got to end. During the election race the liberal leader also promised $5.4-billion in increased spending as well as a cap on tuition fees over two years. What else is he going to put on his chopping block in the name of Ernie Eves?

McGuinty is acting as if he was caught off guard by such a large debt figure. But he has no reason to be surprised. McGuinty even said he was expecting a deficit. In an Oct. 30 Globe and Mail article by Allison Dunfield, it said McGuinty's campaign promises were based on a $2-billion deficit.

Also, on Sept. 22, Mark Mullins, an economist from the Fraser Institute predicted a $4.5 billion deficit. That was enough time for McGuinty to adjust his campaign. He had 10 days to come clean with the voters and tell us which campaign promises he wouldn't be able to keep if the prediction was true. But he chose not to because he knew it would affect his votes. The new premier deliberately deceived us. Then, he turned around and chastised Eves for lying to Ontarians.

The public should hold McGuinty accountable for his own dishonesty. If McGuinty is not going to let Eves get away with lying to Ontario we should not let McGuinty get away with his hypocritical behaviour. It is too much for Ontarians to expect politicians to do what they say they will?

Step right up and test your strength!



I hear you knocking but you don't come in

Blake Gall

Opinion

I may be studying journalism but I'm beginning to think that theirs would have been a better career choice.

It seems sometimes that I spend endless hours listening to others complain about how dissatisfied they are with life but continue to do nothing to fix it.

I offer any advice I can but see no change in their actions. School seems to be the place where this occurs most frequently.

As a journalism student I play a big role in helping this newspaper get to the students and faculty of Conestoga College. I take pride in my work and I hope people enjoy reading what my classmates and I write.

However I can't help but hear comments in the halls saying that Spoke is crap or it's a joke. Well what would you like me to do about it?

Supposedly this paper is pathetic according to remarks I've heard in passing. But no one has taken the time to offer suggestions to make it better.

It's not easy being "the voice of the school" and I'll admit it's not even that much fun.

But it's my duty and I care about the paper. I can honestly say as someone who is in the newsroom on a daily basis that everyone in this program tries their best to get the stories that people will want to read.

We hound faculty to talk to us, we nag at members of CSI and we poke and prod at anyone else that will add to our ideas. It's exhausting and after all our work we get no thanks.

I would love just once to get a phone call saying that a story was well written entertaining or enjoyable. It doesn't even have to be one of my stories just any story you may have noticed.

Now people are thinking well, where do I call? Look at the bottom of this page. You will see all the information you need to get a hold of us. There's even a room number so you can find the newsroom.

You should stop in sometime and offer your thoughts we're pretty open minded.

I'm someone who believes nothing can be accomplished unless you are willing to fight. Not in a physical sense but more in a political manner. Tell us what you want. I dare you.

Talk is big but nothing will happen until you put your words into motion.

Letters are welcome

Spoke welcomes letters to the editor. Letters should be signed and include the name and telephone number of the writer. Writers will be contacted for verification.

No unsigned letters will be published.

Letters should be no longer than 500 words.

Spoke reserves the right to edit any letter for publication.

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Sober driving applies to all

Lesley Leachman

Opinion

Practice what you preach

You never know what kind of an influence you'll have by setting a bad example

I recently attended a wedding and when the guests departed I witnessed an appalling sight. At least 10 middle-aged people who had obviously had one too many got in their vehicles and drove home

As a teenager I was always told never under any circumstances, drink and drive. So am I now to believe that drunk driving only applies to people under 30? That something magical happens to you when you turn 70 that takes away the effects of alcohol?

The older generation needs to take some responsibility

According to Statistics Canada, last year 981 people died in alcohol-related crashes. Almost 40 per cent of those crashes involved people between the ages 16 and 24

This is an alarming statistic. But it is going to decrease an example needs to be set

Although the older generation may have more driving experience alcohol still impairs their judgment and slows their reaction time. You aren't immune to its effects at any age

Adults aren't any less likely to face the consequences of impaired drinking. Either a 40-year-old can still lose their licence. A 55-year-old can still have a breathalyser installed in their car. A 75-year-old can still be put in jail. And an 80-year-old can still be left paralysed after a car crash

Consequently a 40-year-old can still be a demanding driver. A 55-year-old can still spend the night instead of driving home. A 75-year-old can still call a cab. And an 80-year-old can still act responsibly

The concept of it will never happen to me does not just apply to teenagers. I think most adults feel alcohol-related accidents are something reserved for the young

Most adults against drunk driving, and drunk drivers, look like the only reckless ones on the road. Because of this most adults don't believe drunk driving applies to them

But what older people don't realize is when you get into the habit of a night of drinking, you underestimate more than you think

Not only are you jeopardizing your life and the life of other drivers you are teaching your children that it's OK to drive after having a couple of drinks

After all if a child sees dad drinking, that mom and dad drive after a few drinks, then they are more likely to adopt this irresponsible behaviour

A parent should be the role model not only to their children but to their friends by example

Responsibility is a two-way street

LETTER TO THE EDITOR

CSI comments taken out of context

The Oct. 14 2003 issue of Spoke contained an article covering the "Student life 102" student activity. The CSI feels that readers may have put too much emphasis on the quotes in the lead rather than the message of safe student life.

Because of this lead the CSI feels the valuable message that student life can be fun, while remaining safe was diminished.

The CSI recognizes that comments made in the lead are directed to get the attention of the student body yet those same comments do not fit in with comments made during the rest of the article.

> The CSI does not endorse the use of marijuana, unsafe sex or drinking to the point of drunkenness
>
> *Justin Falconer*

CSI does not endorse the use of marijuana, unsafe sex or drinking to the point of drunkenness. In fact we have taken many steps to do the opposite, including the distribution of free condoms over the last few years, the use of Digital Doorman (breath scanning devices), increased security presence at one event and the hiring of highly experienced bar staff.

The CSI applauds the effort of the students in the journalism program to continue to report events and activities on campus in a fair and balanced manner.

However the CSI also urges student reporters to ensure the quotes they print are consistent with the content of their stories.

Justin Falconer
CSI president

CSI donates to student radio,CJIQ

By REBECCA LEARN

CJIQ is receiving a $10,000 donation from CSI that will help them buy a new control board.

Financial coordinator Mark [illegible] and CSI President [illegible] Bailey. He said he [illegible] greater life experience for students and [illegible] program at CSI [illegible] program.

The donation [illegible] board directly [illegible] the radio station [illegible] program specialist Mark Bailey said the relationship between CJIQ and CSI began with a donation of $30,000 to help with starting CJIQ during CJIQ's first three years.

Since then we work with them on promoting and advertising all the CSI events, Bailey said adding What they are doing in exchange for that is donating $10,000 to buy new equipment.

Bailey said the money is being earmarked for a new board in the control room. There is [illegible] set for this.

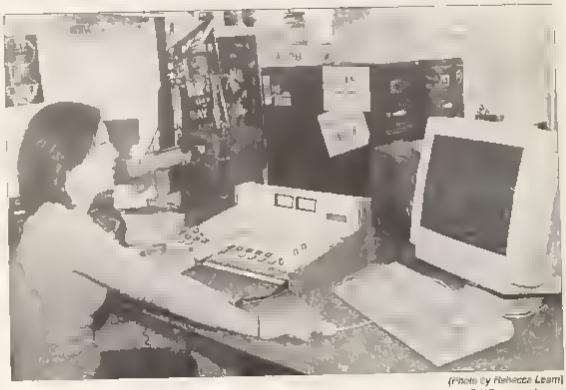
A brand new board would have [illegible] Bailey said there are also two microphones operating on the control board right now and that could be [illegible] so that each have their own channel.

It's just the next step in the evolution of the radio station, he said.

Bailey said the board they have now is not common in most commercial radio stations. The plan is to get one that will look like something the students will see when they leave here and get jobs in the industry.

It's new, it's current, it's up-to-date, it's flashy" said Falconer adding It's just like opening gifts at Christmas.

He said it's a special gift that is given on occasion through co-operation. "We've been working closely with the radio station all year"



(Photo by Rebecca Learn)

Third-year broadcasting student Stacey Edwards works with the equipment in the CJIQ control room

studyskillstudyskillstudyskills

THE GOAL OF STUDY GROUP LEARNING

When you go to college, you are joining a community that is organized for learning. One of the keys to success is to form study partnerships with your fellow students as much of the learning in college goes on outside the classroom as students study on their own.

Some study groups are better than others are. Some groups develop a rapport that enables the group to perform at a high level What makes a group function at this level?

- **Motivated students** who care about their performance are usually good participants Students who attend regularly who complete their assignments and who take notes in class make good candidates.
- **Group size** should be small to encourage participation. Small groups have fewer problems agreeing on a meeting times can generate more ideas when brainstorming and are better at evaluating ideas
- **Study groups are not cram sessions** Groups need to meet early in the semester and meet regularly throughout it. Having review sessions prior to exams is only one reason to form a study group Other functions of the group can include comparing and sharing notes sharing and discussing reading assignments and holding research sessions and post-exam reviews.
- **Accountability** of all members is important All participants should have a clear idea of what they should bring to each meeting Members should work on their own before going to the group and come prepared for the session
- **Organize your study group early** It takes time for people to learn to work together Tackling a test review as the first order of business can be quite stressful for the group

An Amazing Race

By KATE VANDEVEN

What does reality television and public relations have in common?

Give up?

Conestoga College, that's what.

And in three days a number of invited guests will get a chance to play in the reality show The Amazing Race.

Well, not the real show, but a similar one with a public relations twist.

Students in the public relations course are putting on this race in the Sanctuary on Thursday from 1:30 to 3:30 p.m.

Jeff Laythorpe a first year student in public relations says the event is being held to inform people about public relations and to let the school know this program exists.

RACE is an acronym for the public relations formula research action communication and evaluation.

And each guest will get a chance to learn about all aspects of this formula.

Various booths will be set up, each dealing with a specific area of public relations where guests will go to learn about the topic.

In order to move on they have to complete all of the booth's activities and get a stamp.

Once they receive six stamps they get a chance to win some prizes.

First year student Connie Coggan says people often don't know what public relations is all about.

She says a big misconception is that people in this field are deceitful, something she says is not true.

Coggan hopes this race will clear up confusions and let people know that public relations is a good program.

This is the first year the program has been offered at the college.

> RACE is an acronym for research, action communication and evaluation"

Co-ordinator Deborah Reyner says there is a great demand in the marketplace for the program's graduates.

She adds there are many new businesses coming to the region that need the expertise of advertising and public relations personnel.

This program is the only one being offered in the area.

The race is not meant to tell people what to think of public relations or what to think of the people involved in it, but rather to generate awareness of the program and to educate internal college people on it, Reyner says.

Along with Faculty deans and the president of the college students who are enrolled in programs that deal with public relations have been invited to the event.

Casey gets award

Conestoga employee bikes across Canada

By DAWN HASSON

A Conestoga College disability services counsellor was recently questioned what he did first in light of the outcome he should receive as need he did the right thing.

Rick Casey received an employee recognition award called the Guild Award for community involvement on Nov. 5 for his January, 8,000 kilometre bike trip across Canada.

"I am very flattered and humbled by it," said Casey. "I got a phone call from our human resource department and it kind of took me by surprise."

The school had a reception attended by about 30 people on Oct. 28 to co-congratulate Casey.

Casey began his cross-Canada bike tour on May 4 in Victoria, B.C. It was sparked by the untimely death of his 19-year-old daughter. Miriam Mainland the co-ordinator of disability services, said Casey really deserves the award. Testing clerk Judy Hart agreed.

He had a really hard time for a couple of years," said Mainland. "Part of his bike trip was to give him time to think and go through the healing process.

> "I got a phone call from our human resources department and it kind of took me by surprise"
>
> *Rick Casey*

It changed his life, Hart said.

Kyla Anne Casey died from a pulmonary embolism in September 2001. She had been diagnosed shortly after her 16th birthday with bipolar/schizophrenic disorder, a form of mental illness that includes serious mood swings and some of the psychotic symptoms of schizophrenia.

Casey and his family had a bad experience with the mental health system because it delayed getting Kyla the help she needed before her illness became worse.

"If you don't know about that it causes them to really hard to get the funding and support to treat it and treat it effectively," Casey said.

In order to raise awareness about mental health diseases, he spoke at various places across the country.

His trip ended on April 30 in Cape Spear, Nfld. and raised about $7,000 for his local mental health equipment.

My bike has held up really well," Casey joked. "I think I years ending to take on a trip of that magnitude that you really don't know what you are getting into, but I got good equipment."

Mainland followed the trip through in the summer by checking the Canadian Mental Health Association website. The site had updates on Casey's progress each day and a place to send him messages throughout his trip.

"I was really excited to follow him on his way," said Mainland.

She was not the only one. Cheryl Vogan, a support services officer from Conestoga's physical resources department, introduced Casey to her 10-year-old son Keenan. He gathered three stones with his name. Cheryl Vogan's five-year-old son Connor and Casey's daughter Kyla. Keenan Vogan gave them to Casey in a felt bag with a message of support.

Casey took the stones on the ride with him and collected a rock from each province. He gave the rock collection to Keenan, which led his love of rock collecting.

He won't even take them out of the bag, said Cheryl Vogan.

Keenan was given the chance to ride with Casey in Owen Sound and that experience really helped to boost his confidence.

At a time important to Rick he still took the time to help a small boy, said Vogan.

"Keenan gained confidence in himself in so many ways by being a part of Rick's ride.

Keenan has attention deficit hyperactivity disorder (ADHD) which causes a person to develop inappropriate impulsivity and in some cases hyperactivity. He was going through a rough time dealing with and being a part of Casey's ride as well as being able to follow it through was very special for the 10-year-old.

Casey is touched that it was a very amazing experience for him.

I was very touched by it," said Casey. "My wife (Audrey) and I are always so moved by the generosity of people.

In light of Keenan's adventure with Casey this summer, Vogan nominated him for the Guild Award.

Casey has been invited from the college and will receive it next August.

He plans to pull together videos and pictures to make a scrapbook.

This trip with the help of staff in disability services.

(Photo by Dawn Hasson)

Rick Casey stands with Keenan Vogan, 10, and Marian Mainland, the co-ordinator of disability services. The three are enjoying Casey's reception on Oct. 28 to congratulate him on his community services Guild Award.

"Student ally" tackles municipal politics

By CARLA SANDHAM

Jim Olinski, Conestoga Students Inc nominee, is speaking to students

Jim Olinski's name will be one of eight on the ballot today for Waterloo Catholic District School Board trustee in the 2003 municipal election.

The 21-year-old is running against Wayne Burkholtz, Carole Cardinal, Terry Sahl, Maureen Sullivan, Manon Thomson, Hugh Hall and Simon Wordsworth. Olinski is the candidate vying for one of the two open seats.

He is concerned about some of the issues in his mind, in the board's decision. Olinski said when he decided to run. He added he is proud of his Catholic faith.

The high-profile issue he said he would address is the debate on whether or not to allow public health nurses into the high schools. Some board members worry the nurses will monitor Catholic morals.

But Olinski said nurses should be permitted as long as they adhere to the teachings of Catholic values and principles.

"We must allow and trust our trained professionals in council and children on health related issues in the schools."

Olinski's objectives also include setting priorities for the budget, keeping the province accountable and implementing the ultimate of all Catholics.

But before becoming involved in municipal politics, Olinski saw decisions affecting students here for two years on a volunteer basis.

"This position exposed me to the world of education," he said, adding it will correlate well with his position as trustee if elected. "It's a similar skill set."

Ethan Millar, CSI vice-president of activities, said he never worked with Olinski but knew him well.

He was a warrior for students and was never too busy to talk to you, said Miller.

He added Olinski left a legacy here and brought many positive things to the college.

As CSI president, Olinski said he learned how to manage a $1 million plus budget and represent all stakeholders by putting himself in others' shoes.

He improved the CSI health plan, assisted in co-ordinating the polar plunge for the Heart and Stroke Foundation, raised more than $4,000 for the campus food bank, said dealt with many other issues during his term.

Justin Falconer, present CSI president who worked with Olinski last year, said Olinski is persistent and is not swayed by popular opinion.

He knows students and can bring their perspectives to the table."

Currently Olinski is the external director for the College Student Alliance (CSA), a provincial lobbying group representing more than 140,000 students, including Conestoga's. He was also the volunteer president for the CSA about a year ago.

The Conestoga graduate of business and human resources said if elected he would remain as education director of the CSA. And if not elected he added he will be looking for even more volunteer opportunities.

(Photo by Jason Noe)

Give and you shall receive

Conestoga United Way campaign chair Monica Himmelman peers between gift baskets donated by various departments at the college and from the community. Monetary donations were being accepted in exchange for a ticket for a chance to win a basket.

(Photo by Jon Howden)

Carving up some fun

Residence advisers Kendra Gordon and Kathleen Bahan carve a pumpkin on Oct. 31 for a pumpkin-carving contest held at residence. Other Halloween activities there included candy grams and a door decorating contest.

Vote today for Ward 3

Housing bylaw in lower Doon heated issue for students and city

By CARLA SANDHAM

It's two months before classes start at Conestoga College. Kate and her friend Theresa make a trip from their hometown to look for a place to board while going to school in Kitchener. They are on a warning list for residence so they look for the closest thing off campus. They come up empty. The 80 to 90 student houses in lower Doon have already reached their limit of three boarders each.

Although Kate and Theresa are fictional, this situation may become reality in the coming years.

To address this concern, College Student Alliance executive director Jon Olinski said students should vote today in the municipal election.

Justin Falconer, CSI president, agreed. He added students should examine the candidates' platforms and look carefully at the important issues — student housing being one of them.

Recently, the City of Kitchener passed a bylaw prohibiting any new duplexes in the area across from the college known as lower Doon.

Previous to this, the city passed an interim housing bylaw, which limits the number of boarders per house.

This year saw a seven per cent increase in first year enrolments at the college.

"We expect an even greater increase next year as the enrolment figures for Grade 12 have increased significantly," said Conestoga Registrar Fred Harris during a recent college council meeting.

Kevin Mallan, vice-president of finance and student services, said if this trend continues, combined with the college's expansion, housing could become a problem in the future.

However, Mallan added the bylaw has not had a negative impact yet.

Falconer said the bylaws were a result of neighborhood complaints and a lack of long-term planning on the city's part.

"Only one house was here when the college was built," said Falconer. "So residents knew there would be student housing in the area and late night parties."

Len Carter, candidate for this ward (3) and governor of the college, lives in lower Doon and said parties are a nightly happening, not just on weekends.

"I have seen these young people in various states of social interaction. I have been embarrassed," he said. "The aftermath is not a pretty sight with empties strewn around the property."

Carter said he would support the principle of families opening their homes to students, but not the modifications of houses to student residents.

"The problem is that there has been a group of absentee landlords who divide every room to get the most dollars out of the house."

John Gazzola, current councillor for Ward 3, said he knows the issue is a serious problem and wants to do something about it.

Gazzola said he wants to get all the players involved together and find out what each wants.

"We have to understand each other. Once I know what everyone wants I can take it to council and try to change the bylaw," he said, adding he encourages students to take part in the political process.

> "I have seen these young people in various states of social interaction."
>
> *Len Carter*
> *Ward 3 candidate*

Gazzola said another problem facing students and their living arrangements is the transit system.

"If we had a good transit system, more students could live anywhere in the city."

Falconer added busing to school would also cost students even more money.

However, the college is doing its part.

Mallan said Conestoga hopes to build another residence close to the existing one for 2005.

But he said it is still in the exploratory stage and they have to be sure they can fill it before it opens.

"We get no government grants for student housing and we can't subsidize it," he said.

The third candidate for Ward 3, Bob McColl, was unavailable for comment.

Sharman sues

By TIM MURPHY

Sharman Networks Ltd is fighting back against the Recording Industry Association of America (RIAA) filing a federal lawsuit for copyright infringement.

Sharman the makers of the popular file-sharing application Kazaa claims the RIAA is distributing versions of Kazaa with embedded warning messages for potential infringers.

Sharman said the RIAA has no right to alter its software calling the RIAA's actions "an opportunistic and conspiratorial" reports Canoe.ca news on 15 Sept 24 article.

Sharman is accusing entertainment companies of using an altered version of the program known as Kazaa Lite and less version 1.6 Fuddi of who is sharing copyrighted files.

They download song files from users computers in search for copyrighted material.

Once the RIAA determines a song file is copyrighted a subpoena is issued to Internet access providers to find out who the account holder is sharing the file.

In the month of September 261 lawsuits were launched against users, who were accused of illegally distributing hundreds of MP3 files over the Internet.

"The abundance of lawsuits doesn't have too many users worried though.

"I hear they only subpoena users who have thousands of songs, and I'm not a very avid user" says 18 year old Carlyn Allan a Wilfrid Laurier customer service manager.

"I only have like 10 or 15 songs and it's not going to stop me from using."

Some people avoid the threat of detection by not downloading music but rather copying friend's CDs.

"I really don't care what the RIAA has in mind for music downloaders.

"All the tracks that I have on my computer come from a CD that I purchased or that I borrowed from a friend" said 19 year old Wilfrid Laurier student Ben Street.

He says his MP3 collection has more than 500 songs but not one of them was downloaded from the Internet.

The lawsuit alleges that the entertainment companies violated antitrust laws by stopping Sharman from distributing unauthorized copies of music and movies through Kazaa.

The RIAA called Sharman's newfound admiration for the importance of copyright law ironic and self serving.

Sharman Networks Ltd is located in the South Pacific island of Vanuatu with offices in Sydney Australia.

(Photo by T. Murphy)

Why did the seagull cross the road?

A seagull uses a student crosswalk outside the recreation centre at Conestoga College

(Photo by Kate VandeVen)

(Photo by Ryan Connell)

First year architectural construction engineering student Matt Reid takes advantage of the free food offered at residence

Get your delicious pig here!

Ethan Miller CSI VP of student activities cooked up a 140-pound pig for residence's first pig roast on Oct. 30 The event which was funded by the CSI was free to students

(Photo by Ryan Connell)

The pig was roasted on an industrial-size pig spit outside the Conestoga Residence and Conference Centre.

(Photo by Ryan Connell)

A piece of tender white meat is removed from the pig that is on the roaster

(Photo by Ryan Connell)

Second year police foundations student Steve Gill (left to right) third-year special studies student Debbie Brock, and Ethan Miller get up close and personal with the pig

(Photo by Ryan Connell)

Students lined up outside the first floor lounge in residence into the lobby in order to "pig out."

Condors win bronze

By KATE BATTLER

The Conestoga men's rugby team rebounded from a hard loss in their first game to come back and win the bronze medal at the OCAA Championship Tournament in Welland Nov 1 2.

The Condors lost their opening match to the Fleming Knights 24 5. The team was down 9-0 after the first half with the Knights connecting on three penalty kicks.

The Condors tried to rally in the second half when outside centre Philip Lakatos scored a try but the team failed on the 2 point conversion kick.

Matthew Condle the player that usually kicks the conversions and penalty kicks went out early in the game after his finger became dislocated.

In the end the Condors lost the game despite moving the ball well.

A couple of mistakes made by the team ended with the Knights scoring.

Coach Jeff Desruisseau said the players were nervous going into the game.

They tried to destroy the other team with hard tackles but missed some which helped the Knights to gain the advantage.

"It was an effect disappointment" he said.

The difference between the first game and the second was like night and day.

The team got off to a great start against the Humber Hawks with flyhalf Joel Hussey connecting on three penalty kicks putting the Condors up 9 0 going into the second half.

Desruisseau said Hussey helped win the game with his superb kicking.

"We took on the fight of Joel Hussey."

> "The team played well They played with intensity"
>
> *Jeff Desruisseau, coach*

Hussey was a little more modest saying the team played well defensively to stop Humber from ever getting the ball.

"I'm sure I helped, he said "but we played well as a team." Hussey was named MVP for the game for his contributions.

The Condors scored a try in the second half when Nicholas Milbury ran the ball in but the team missed the 2 point conversion kick.

Humber rallied late in the second half with two trys but missed both conversion kicks.

Desruisseau said the team almost lost the game in the second half but pulled themselves together to win. Steve Keegstra came through for the team with a game saving tackle late in the second half to prevent the Hawks from taking the lead.

The aggressive play of Alex Oothuscher and Craig Johnston all game helped push the Condors ahead and Adam Dupiere helped move the ball forward by running hard said Desruisseau.

"The team played well in this game he said. They came out with intensity."

Captain Alex Hogg said the difference between the loss on Nov 1 to Fleming and the win on Nov 2 over Humber was that the team stuck to the game plan. They relied on both the forwards and the backs working together and were able to have better control of the ball and the game.

Hogg and Keegstra are the league all-stars and the championship all stars from the Condors.

"The goal this year was to finish better than last year said Hogg.

The Condors finished fourth last year in their inaugural season. For a team that has only been playing in the league for two years the bronze medal means that much more. Desruisseau said it was a perfect end to a great season.

Desruisseau was named coach of the year for the league. It's an honour to be recognized by my fellow coaches.

Coach Desruisseau will be back next year as will most of the team. Only a few players are graduating this year.

"We'll work to get back into the playoffs again next year," he said.

(Photos by Kate Battler)

Above Alex Brubacher reaches out to catch the ball in a game against the Humber Hawks. The Condors beat the Hawks 14 10 to win the bronze medal.

Below Joel Hussey a second-year veteran runs the ball against the Fleming Knights during the first game of the OCAA championship Nov 1

(Photos by Kate Battler)

Above Ontario Colleges Athletic Association bronze medal winners the Conestoga College Condors

Left The Conestoga Condors and the Humber Hawks scrum during the bronze medal game in Welland Nov 2.

Free house anyone?

By JEFF MORLEY

People in the tri city area have the chance to win a free house in this year's 18th Dream Home Lottery The Kitchener Conestoga Rotary Club is selling tickets to win the solar home in the Eastbridge subdivision in Waterloo

Bill Spall has been working with the Rotary Club for more than 20 years He says the 3 000-square foot home is the nicest home the Rotary Club has ever used for their lottery

Spall explains that proceeds from the ticket sales go to the One Voice-One Vision campaign This campaign is co-operation with Waterloo Region and the Ministry of Health will be financing upgrades at the Region's three hospitals St Mary's the Regional Cancer Centre at Grand River Hospital and Cambridge Memorial Hospital

The redevelopment project for the hospitals will build a new cancer care centre with magnetic resonance imaging services at Grand River Hospital A new regional advanced cardiac care centre will go in St Mary's and enhanced mental services will be developed at Cambridge Memorial Hospital including a 98 bed wing

Most unique about this year's dream home is that it is self powered David Elzinga works for Arise Technologies the company behind the energy system

He says the house is powered by a large solar panel installed on the roof This panel can generate approximately 3 600 kilowatt hours of electricity

The campaign's fundraising goal is $42 million Currently the Rotary Club has sold about 6 000 tickets for the dream home

Moreover the home has an R2000 energy rating meaning it is more energy efficient than the average home As a result the dream home uses 50 per cent less natural gas for space heating All of this works out to about $1 000 in savings every year

Elzinga is excited about the Dream Home Lottery and the solar energy industry

Elzinga calls solar energy the energy of the future in part because there are no emissions

We're producing our own electricity and we'll be less dependent on other countries for energy So building this capability today will provide jobs for today and tomorrow

The campaign's fundraising goal is $42 million. Currently the Rotary Club has sold about 6 000 tickets for the dream home Tickets cost $100 each and will be sold until Nov 30 when the draw for the home will be held The dream home is at 346 Stirtonner Cres

(Photo by Jeff Morley)

You could win this house The Kitchener Conestoga Rotary Club is selling tickets for $100 The draw will be held Nov 30 for the 3 000 square-foot solar-powered home.

Need money for rent? Stop spending so much!

By KATE BATTLER

Are you running out of money? Have you been eating macaroni and cheese for the last three week? Then keep reading and you might find something to help you out with your financial planning

One of the ways to make sure that you don't run out of money is to stick to a budget and stick to it

One of the most important things for students especially those living away from home for the first time is to make sure that there is enough money each month to pay for rent

OSAP payments come in lump sums and it's important that enough is set aside for food and other expenses

An important part of setting up a budget is being realistic with expenses and with the amount of money coming in

Don't be when calculating expenses If you plan on going out in the bar twice a week add that to your budget If you don't you'll end up short on money in the weeks to come.

Another important aspect students and young people in general neglect is themselves

Michael Banton a financial adviser with Cowan Wilkin Financial Services Inc says it is important for students to realize that they are their most important asset. What would you do if you could no longer work to provide for yourself

Banton says young people forget they are not invincible If something were to happen like a disability or a critical or long term illness they need to be prepared

He recommends students look into a life insurance plan and a critical illness and disability plan. These are available for as little as $20 a month and make a life changing difference in the event that something happens

They also bring peace of mind since you will be able to support yourself

COUNSELLOR'S CORNER: *Study Skills*

Knowing how to study efficiently does not always come naturally. Students who want to learn and who are eager to do well in college do not always know what to do Many students do not know how much to study or how to use their time wisely. They may not know how to read college-level textbooks Absorbing and remembering information from lectures can be difficult, especially if they are not familiar with the lecture style of teaching

Many potentially good students lack basic skills They may not be able to read well enough for college-level material, or have vague notions about English grammar Many students have difficulty writing their ideas clearly

To meet these challenges, Student Services offers several study skill workshops to help students gain the skills they need to succeed Good study habits allow us to work more efficiently Students who have been taught study methods get better grades with fewer hours of study It is not how much you study but how well

When should you seek help with study skills?

- When you feel overwhelmed
- When you want to reduce your study time
- When you feel disorganized
- When too many distractions reduce your concentration
- When you want to take better notes and read more effectively
- When exams approach
- Anytime!

A Message from Student Services

HEALTH CARE TIP

WEIGHT CONTROL

Need to lose some weight? Follow Canada's Food Guide and try cutting down the overall number of calories in your diet, particularly those that are high in fat. Remember to exercise and weigh yourself regularly and above all give yourself a pat on the back for each pound that you lose.

St. John Ambulance

Web cam at strip club perfectly legal

By JASON MIDDLETON

In a room comparable in size to a dorm room, lays a mattress covered by a lone bed sheet. Within arms reach is a computer and on top of a chair a web cam points directly at the mattress.

The only thing missing from the room is a girl whose every movement and word would be webcast on the Internet.

While the woman is on the Internet her customer can ask her to do anything while he watches on the web cam.

Nothing is taboo: the girl could perform sexual acts on herself, put on lipstick or in some cases smoke cigarettes for the person watching.

Len Black, president of Cambridge's Mirage strip club, says once a customer asked a girl to smoke a cigarette for two hours on the web cam.

"The guy paid $300 to watch her smoke cigarettes and after that the girl did not pick up a smoke for the next six months."

Operating out of the basement of his strip club, Black operates an Internet "semi porn" business.

Even though he owns the studios from which these fantasies are broadcast, Black will never know what goes on in these rooms.

"When these girls are in the studios it's private. It's between them and the person."

Black's studio is affiliated with playboy.com and 30 sites world wide.

The women can make up to $1,000 a week being Internet models.

The concept is simple. Go to the Mirage website, click on free chat, find a girl and talk with her. If you find her interesting proceed into a private room where only you can see and hear her.

Patrons of this room will be paying $4 US a minute.

Of that $1.80 goes back to the girl.

"The whole idea is to go private with the chemick. If you do your math and a girl did 60 minutes in a period of three or four hours a girl could make $108."

"If you don't work, you don't get paid. This is not a free road to being rich. If you want to work 10 hours a day you're going to benefit. If you're willing to work five minutes a day you're not going to benefit."

According to Black, students use this website as a stepping-stone to help fund expenses in university and college.

He says "I knew a girl from a university nearby and she got on the site just to pay her tuition. She was on only for a short period of time and got her money."

Students make up a big chunk of women who look into the site for employment.

We have a variety of students who hook into this and they can work out of the privacy of their dorm. Every student has a computer. With access to a high speed network you can hook into my system."

All girls on the site must be 18 and over, Black says. We have to make sure we have the proper identification. We ask for four pieces of identification, which we have on record at all times.

Another group of women that are interested in the site are single mothers, says Black.

"We have a lot of single moms who don't want to be on welfare. They want to be able to buy new clothes for kids, they want to be able to shop without having to go to the food bank. Therefore they work out of their homes.

"We can provide a situation where these woman can have a better standard of life and not rely on welfare and take money from social services. Instead they can work for themselves.

"That way there's more money for health care, education, police force and fire department."

Black started the idea of the website four years ago and has been working on the site and with developers ever since.

(Photo by Jason Middleton)

The Mirage in Cambridge has a web cam studio located in the basement

Local television news station CKCO and the Waterloo regional police went to the Mirage studio to ensure nothing illegal was happening.

What they found was that every thing was legal.

"I was really concerned about how I was going to get the public exposure and how I could do it with a little bit of finesse and class. CKCO and the police exposed me and they brought me out of the closet and into the mainstream very quickly."

Before starting the site Black "got advice from my lawyer who basically wrote a novel of what I could and couldn't do but everything we're doing is legal."

Black says this industry is based on fantasy and says life in the strip club is basically a prayer and a hope.

When you walk into the club you're praying you get the opportunity to take a girl home with you at the end of the night but there isn't a hope in hell one of these girls is going home with you.

Stained Glass course lets students express artistic side

By DESIREE FINHERT

Despite creating spectacular works of stained glass the creator says he does not consider himself an artist.

Instructor Chris Hodnett 54 teaches the continuing education course Stained Glass at Conestoga College.

He is also the executive director of the K-W Accessibility and Information Resource Centre for people with disabilities.

He said he has students in his class who consider themselves artists but that you don't have to draw to do stained glass.

"I consider myself a craftsman" said Hodnett who has been teaching the continuing education course for 21 years. "Really it's about putting colorful together."

Conestoga offers the stained glass course at three different times. Hodnett teaches at the Waterloo campus Saturday morning from 9:30 a.m. to 12:30 p.m. and holds two other classes at a studio in Breslau on Tuesday and Thursday nights.

The class focuses on Tiffany-style stained glass work, with an introduction to lead work. Tiffany the designer known for creating jewelry used small pieces of glass, which collectively were too heavy for soft lead to hold in place.

Hodnett explained that lead is too thick and cumbersome for many different pieces of glass causing the lead to sag.

(Photo by Desiree Finhert)

Student John Duncan 38 displays his first project in Conestoga College's Stained Glass continuing education course on Oct. 18.

[illegible] have intricate designs so he came up with the method of cutting strips of foil gluing them into the glass edge and soldered it."

Student John Duncan 38 said stained glass is artistic at a certain level but you are limited to your creativity by the materials and process.

"It's not good or bad" said Duncan. "You have limits and it makes it more challenging. For the three-dimensional project you make a round shape, but you are limited to flat planes."

Duncan is taking the eight week course because he wants to try something different than his job as an engineer.

"I'm a technical person and I want to exercise the other portion [illegible] Duncan who is taking the adult sculpting course through Conestoga. "I don't think I have the 3-D perception and the creativity of sculpting. I think sculpting is a little closer to art than stained glass."

Duncan is making the Christmas tree ornament for his three-dimensional project.

In previous classes, students have made jewelry boxes, candle holders, planters, atriums, and stained glass sculptures.

"Really the limit is your imagination" said Hodnett.

There are three projects that students will complete while taking the stained glass course. The first two projects are five-by-five inch flat window hangings.

By the fourth day of class, students have learned the essential steps of creating a stained glass window hanging and were learning how to make a small, three-dimensional piece.

Although the students are expected to do a 3-D project, Hodnett recommends learning the techniques.

"The three projects and the employer-based one which students may do at home," said Hodnett.

Students can do three projects at their own time and work during class, but the projects will be much simpler.

Hodnett said his students learn to pay attention to detail and that stained glass is a craft that demands patience.

"Glass is not forgiving, like other mediums," said Hodnett. "When you have a pattern you have to be exact or else it is not going to fit and it is going to put everything else out of whack."

Hodnett said people who are new to stained glass need to fall back on grade 1 and 2 drawing and cutting skills.

"It is amazing how over time we become rather cavalier with cutting and following the lines," said Hodnett.

"If you're going to use the patterns as a template it has to be exact."

Student Jennifer Rorye 31 said she previously took a two-hour stained glass course but didn't get nearly as much information.

She said the instructor gives [illegible] ideas and [illegible] them [illegible]

[illegible] but still [illegible] said Rorye. [illegible] other three [illegible] When [illegible] about [illegible]

[illegible] be [illegible]

[illegible] costs $130 and students should be prepared for [illegible] between $80 and $150 for [illegible]

Hodnett tells his students that [illegible] mediums, which [illegible] time and avoid buying [illegible]

"When you compare the expense of materials to the [illegible] what you produce it's not expensive," said Hodnett.

"An average lamp can sell for $300."

Hodnett operated a full time stained glass business from 1974-1982 and said it is the kind of hobby that you have to sell if you are going to continue to do it.

The glass is not expensive. It's between $4 and $6," said Hodnett. "But if your projects utilize 10 feet of glass it can be expensive."

Hodnett said stained glass is about the interaction between light and glass.

When the light hits the glass there is always something wonderful that happens," said Hodnett. "It allows [illegible] to express them [illegible]

Singing the classics

By RYAN CONNELL

The idea of a pop star covering songs that are fondly remembered by today's middle-aged generation could make some groans of disgust, but it all depends on how you look at it.

Pop singer and actress Mandy Moore released her fourth album on Oct. 21 called Coverage. Instead of debuting a set of new tracks, Moore's album covers 12 of her favourite songs from the 1970s and 80s.

The idea of remaking old classics into pop songs can be a little repulsive to music listeners who think if a song sounded good by its original artist then it doesn't need to be redone.

What Moore manages to do with most of the tracks on her new album is beautifully revive songs that may have been forgotten by longtime music listeners as well as introduce beautiful classics that younger audiences may not have been aware of.

On first listen, the album has similarities to the reality show American Idol with a young voice singing karaoke to classics. Although some of the songs on the album do hold a karaoke vibe such as the remake to Carole King's 1971 single I Feel The Earth Move, Moore adds a modern day pop twist to the classics that today's youth will be able to appreciate more because of the mainstream pop industry. A remake that shows a noticeable pop influence is the 1982 single Seasons Working On either which was originally composed by XTC's Andy Partridge.

A modern day pop influence isn't the only thing that makes the remakes so diverse from the original songs, but also because some of the tracks on the album were originally composed by male artists.

Moore's rendition of Elton John's 1973 classic Mona Lisas and Mad Hatters demonstrates an interesting take on the soft melody from a female's vocal stance. Her voice in the remake of Cat Stevens' 1971 song Moon hadow beautifully matches the song's violins and guitar solos.

The album's first single is a remake of John Hiatt's 1987 song Have A Little Faith In Me. The song, which has been covered before by several artists like Joe Cocker and Jewel, is a impressively remade by the 19 year old. Mandy Moore sings the mid tempo melody with her powerful voice that has seen some considerable maturity since her last record.

Moore also hits difficult ranges in her voice which shine through in her remake of the 1978 hit One Way Or Another by Blondie.

Overall the album is interesting to hear how Moore has interpreted the different songs in a way that am comfortable to her voice. The songs chosen on the album are also interesting because many of the songs are not commonly remade such as Joe Jackson's 1982 song Breaking Us In Two.

Another honorable mention is to Moore's second track on the album, a remake of Waterboys Mike Scott's The Whole Of The Moon.

Moore personally chose all of the tracks for the album from songs she has heard over the years and thought were wonderful classics that shouldn't be forgotten.

Moore adds a modern day pop twist to the classics that today's youth will be able to appreciate

Most of the songs, with the exception of one or two, don't make the album seem cheesy, rather it is comparable to karaoke because they aren't continuously remade to death by artists.

The album, however, is something you would only hear in limited rotations before the songs get tiresome and boring.

The next expectation hopefully in Moore's musical career is to hear an album with songs that she has either written in co-written herself. Fellow pop stars like Christina Aguilera, Jessica Simpson and almost recently Britney Spears have begun co-writing their own songs. Moore is hopefully the next pop princess to follow in their footsteps.

Moore won't just be working in the new year to promote her new album. The talented actress will be starring in several movies such as Chasing Liberty out in January, an independent film called Saved to be released in February and a cameo in Wes Craven's forthcoming thriller Cursed, which will hit theatres in February. Her past summer's movie How To Deal will be available on DVD and VHS on Dec. 9.

Mandy Moore's Coverage album is available at most record stores, and sound clips of each song from her album are also available on her website at www.mandymoore.com.

MANDY MOORE BIO

Date of Birth: April 14, 1984

Birth Place: Nashua, New Hampshire

Moore discovered her love of singing when she went to a summer musical theatre camp when she was nine years old.

Moore is also an actress with her recent release Saved and two more releases in 2004. How to Deal and Chasing Liberty. Her other releases include Princess Diaries and A Walk to Remember.

(internet photo)

Mandy Moore's new album Coverage is 12 tracks of classics

Horoscope

Week of Nov. 9 - Nov. 15

Happy Birthday!

You will soon profit from the extra efforts you've been putting forth. Stop being overly sensitive to the needs of others at work. Beware of overindulgence.

Aries
March 21 - April 19

What goes around comes around. Seek legal counsel, ask advice from elders. You may be embroiled in negotiations or tedious bureaucratic systems. Do healthy things physically and spiritually.

Taurus
April 20 - May 20

Love conquers all. Avoid petty news and prejudice. Try to be a peace maker. Weigh all sides of every situation. Don't be so set in your ways that you miss the big picture.

Gemini
May 21 - June 21

Stop being so close-minded. There are plenty of alternatives and solutions to your problems. Try something new. This is no time to be lazy or melancholy.

Cancer
June 22 - July 22

To achieve security and happiness you've got to plan your goals carefully now. Knowing when to say no will help you maintain your integrity. Take some time for yourself.

Leo
July 23 - August 22

The aggressive pursuit of your goals results in serious setbacks with superiors. Learn to be more restrained and migrant. An on the job transfer or change of status is likely.

Virgo
August 23 - September 22

Tensions begin to mellow, help is on the way. Slow down and relax – you're entering a leisurely phase. Remain calm.

Libra
September 23 - October 22

Do you resent the intrusions of others in your life? Make a break and assert yourself. Those who truly love you will continue to stand by you.

Scorpio
October 23 - November 21

You want what's best for your loved ones and no-workers and you have the strength to provide it. If you lack information, have the determination to find it!

Sagittarius
November 22 - December 21

Don't rely too much on loved ones or business associates for advice. Trust your own instincts to get you through a crisis.

Capricorn
December 22 - January 19

You don't always have to come out on top. Accept no promises and apologies. You still have a lot to learn. This is a vital time to reprioritize.

Aquarius
January 20 - February 18

Remain humble. You'll need imagination to come up with options for action now. Examine and evaluate issues carefully. Stubbornness is your challenge of the moment.

Pisces
February 19 - March 20

Don't be in a hurry to get things done. Stop and think things through before acting. Take a vacation and stay away from responsibilities. There is life beyond work.

Diana O'Neill is a third-year journalism student who dabbles with astrology and likes to read tarot cards just for kicks.

The new FOX drama Tru Calling is Tru excitement

By RYAN CONNELL

Tru is trying vampires to hearing the plea of dead people, rising actress Eliza Dushku does it all in her first starring role in Fox's new television series Tru Calling.

The 22 year old rising star plays Tru Davies, a recent college graduate who finds a job working the midnight shift at a city morgue.

On her first night working, Tru hears the voice of a dead body begging for help.

The voice brings flashbacks of Tru's childhood when she witnessed her mother's murder. At her funeral, she heard her mother's voice, assuring Tru that her death was not her fault.

Tru suddenly wakes up in bed to find that she is reliving the same day over again, living 17 hours in the past.

From there, she goes through the day finding out who killed her, the death of the corpse, and having to fix the follows of her gambling addicted brother and drug addicted sister.

The show's pilot left viewers on the edges of their seats with sudden plot twists. Hopefully the show will be able to continue its momentum. Good writing and elaborate plots for each episode without [illegible] will be the ideal ingredient with which the show will be the Fox network's next hit.

The drama has subtle similarities to CBS's now defunct television drama Early Edition, where a man saved the lives of people after getting a copy of Tomorrow's newspaper a day in advance. Unlike that show, which featured a form years spent hooked the talent of edgy British actress Dushku, who could help decide whether or not Fox's new show will have a prosperous future.

"The show's pilot left viewers on the edges of their seats with sudden plot twists"

The fast paced, high impact show is also reminiscent of Jennifer Garner in ABC's Alias.

Dushku is a talented and accomplished actress who is no stranger to television or the big screen.

She has earned most of her popularity for her recurring role as Faith in the television series Buffy the Vampire Slayer and Angel. Dushku has also appeared in more than 10 movies, starring in 2000's Bring It On, 2001's City By The Sea and 2003's Wrong Turn.

Dushku will continue to have been inflicted by her role in a spin off series. In an Buffy the Vampire Slayer, with her aggressive attitude, she's character plays the lead. Dushku was forced to turn down the offer due to prior negotiations with Fox to star in the Tru Calling series.

The show's recent premiere didn't receive high television ratings, which probably didn't surprise the Fox network. The Nielsen rating, which record the number of people who are watching particular television programs, ranked the show at 3.3 out of five. The show, Temptation Island had a ranking of 3.7 in its series finale when aired in the same timeslot that Tru Calling is now in.

Fox needs to work on promoting the new series to show its potential to viewers.

Tru Calling could have a promising future if a lot of work goes into developing the dark plots and quick action, making sure it provides thrilling climaxes and quick twists, leaving viewers on the edge of their seats.

Tru Calling can be seen Thursdays at 8 p.m. on Fox.

Eliza Dushku is the star of FOX's new series Tru Calling. Dushku plays Tru Davies, a mortician working the midnight shift.

Diana's butler sets record straight

By JENNIFER ORMSTON

Diana, Princess of Wales feared that someone would tamper with her brakes and cause her to be injured in a car accident.

This would clear the way for her ex husband Charles, Prince of Wales to remarry, said her long time butler Paul Burrell in his controversial new book, A Royal Duty.

The princess admitted this concern in a letter to her loyal butler prior to her death. The book contains an excerpt from the letter with the name of who she believed would commit the crime omitted.

By publishing the princess's startling premonition in this insightful book, Burrell said his hope was the British authorities would finally pursue an inquest into the death of "the people's princess."

The princess was fearful about her personal security, said Burrell. She believed especially in the last couple of years of her life her actions were being monitored.

She also thought listening devices had been planted in her home. On one occasion, Burrell wrote he and the princess moved all the furniture, pulled back carpets and pried open floor boards with a screwdriver to see if there were listening devices hidden under the floor. Although the duo found nothing, Burrell said the princess had good reason to be suspicious. She had received warnings from members of the Royal Family and the British intelligence saying she was being observed.

In this well-written and fascinating look at the life of the princess, Burrell expressed the devotion he had felt for her. The connection between princess and butler was not one-sided. She often referred to him as her "rock" and the only man she could truly trust.

Burrell his intimate knowledge of all aspects of Diana's life she confided her most confidential secrets to him. As a result, he chose to write this riveting book to set the record straight on various falsehoods about the princess that had been spread by tabloid papers.

For instance, since the early 1990s the press had often portrayed the relationship between the Prince and Princess of Wales as one filled with intense hatred. Burrell said this was false. Diana loved the prince until her dying day. On the day her divorce was finalized she wrote in her journal she never wanted to end the marriage and a part of her would always love the prince.

Another he Burrell wished to dispel was the princess suffered from a personality disorder. According to Burrell this was completely false. Diana suffered from bulimia, an eating disorder which does not equate to a personality disorder.

The Royal Family was opposed to the publication of A Royal Duty. The Queen even said she would not read the novel. However throughout the book Burrell who prior to working for Diana was employed as the Queen's personal footman for a decade generally portrays the Windsors in a positive light. It was the Spencer family, Diana's immediate siblings and mother who he viewed harshly.

Burrell wrote the Spencers were not close to the princess during the final years of her life. After her death they took charge of her affairs in a manner which Burrell who had been privy to the princess's innermost wishes knew Diana would disapprove.

In the highly publicized funeral address to his sister in Westminster Abbey Earl Spencer made his anti-Windsor feelings clear.

Later at the Spencer family estate he had the Royal Standard flag removed from Diana's coffin and replaced it with the Spencer flag. Burrell said the princess would have been saddened by both actions.

The Princess of Wales had been proud of her ties to the Royal Family. She had also instilled in her sons a sense of pride over their birthright.

In addition she had been estranged from most members of the Spencer family for the last years of her life. Her true family was her close circle of friends, however the Spencers did not even know this.

A Royal Duty is available at local bookstores for $39.

(Photo by Jennifer Ormston)

Diana's former butler tells the truth about her life in his new book A Royal Duty. It's available at local bookstores.

Kill Bill an authentic American samurai flick

By HALLEY MCPOLIN

Almost six years after his last film, writer/director Quentin Tarantino blasts his way out of the shadows with yet another masterpiece under his belt.

In typical Tarantino-style Kill Bill Volume 1 is a shocking, action packed, witty and of course, non-linear addition to his small but impressive resume. After the disappointing exception to his last film Jackie Brown (1997) many wondered what the director had been up to during his extended absence.

As it turns out, according to Tarantino he was watching a lot of his favourite movies while searching for the inspiration for what would become the two-part Kill Bill series.

Many of those influences can be clearly seen throughout the movie such as lead actress Uma Thurman's yellow and black jumpsuit in homage to Bruce Lee in Game of Death (1978).

The black and white photography used in some of the more violent scenes are a play on old 70s kung fu flicks as a means of hiding the gore from American censors.

Even actress Chiaki Kuriyama, who plays the cute but devious bodyguard of Lucy Liu's O-Ren Ishii was recruited from one of Tarantino's favourite movies Battle Royale. Tarantino even wore a Battle Royale T-shirt to the premiere of Kill Bill.

The movie shouldn't necessarily be praised for its absorbing plot – the entire two-part storyline is based entirely around Thurman's nameless character The Bride getting revenge on her former assassin comrades who tried to kill her four years earlier.

All the rest of the information in the movie is conveyed on a need-to-know basis.

All you need to know is, after spending four years in a coma caused by a brutal assassination attempt by her former teammates The Bride (so named because she was attacked on her wedding day) is now out for blood. With a list in hand,

The Bride will go to any length to track down and kill every former member of The Deadly Viper Assassination Squad, including the big boss Bill.

With its fast paced, stylized dialogue and imagery, including an entire sequence done in riveting Japanese animation – the lack of plot will be the last thing on your mind.

Kill Bill Vol. 1 is a violent, intense and captivating romp that will leave you begging for more and don't worry you'll get it soon enough.

Kill Bill Vol. 2 is scheduled for release sometime next year.

Intramural hockey launches into new season

By JASON SMITH

Intramural hockey has returned to the Kitchener Hunter Recreation Centre and the games have already begun.

The puck was dropped on Oct. 27, marking the beginning of another fun-filled and competitive season for hockey lovers throughout the college.

Ten teams signed up in this part in the action this year and the early stages of competition have been full of energy, excitement and love for the game.

"It's not so much about competition" said Mike Graham, team captain of The Chiefs, who are named after the notorious team from the classic hockey film Slap Shot. "We're here to have some fun and enjoy our time on the ice."

Many of the players echo Graham's sentiments, enjoying their time out of the classroom and thankful for the extra intramural hockey allows them.

Brian McDermid, a second-year recreation and leisure studies student at the college, has also joined in the fun, taking on the role as assistant coach for The Chiefs.

"We have a good time and everybody's usually laughing about something" he said. "It's fun and we really don't care about winning."

McDermid joked about the team talking about the quality of play he's seen on the ice so far this year.

"I had to have a good talk with our captain Mike Graham" said McDermid. "I was a little disappointed after seeing him rack up six minutes in the penalty box in our first game. I need him to be more of a leader. You know, kind of like me."

Matt Jordan, who also helps out behind the bench and in the locker room for The Chiefs, said the laughs don't stop when their group of guys get together.

"It's a riot. I knew I won't forget to open the door for a line change ever again."

Jordan was kidded by the team after forgetting to open the door for the ice on a line change that resulted in a goal scored against The Chiefs on Oct. 28.

The Chiefs look forward to an entertaining year to say the least.

"It's all in fun" said Graham. "Just like our team slogan says: win or lose, we're hitting the bonze."

(Photo by James Clark)

Brian McDermid, assistant coach of The Chiefs, talks with player Mike Graham during a recent intramural hockey game at the college.

The 10 teams will compete against one another for five weeks, wrapping up the "regular season" on Nov. 26.

Playoff dates and contenders will be announced at the conclusion of the season.

Games are currently scheduled every Monday from 4:30-5:30 p.m., Tuesdays at 4:30 and 5:30 p.m. and Wednesdays at 4:30 and 5:30 p.m.

Several teams are still looking to add more players to their roster.

Anyone interested in playing intramural hockey should contact the rec centre to speak to anyone already playing.

I saw the sign ...
No parking signs stand outside the maintenance department at Conestoga College. The signs will be placed at the ends of parking rows to ensure a clear driving path.

(Photo by James Clark)

Little not the one to blame

By JAMES DOYLE

The curse of the Bambino has reared its ugly head yet again. But this time, Grady Little is the fall guy.

After the Boston Red Sox were eliminated in seven games by the New York Yankees, it is manager Grady Little who is being blamed.

Little is being fired, but not because they didn't win the World Series (the last time the Red Sox took the title was 1918) or because his high-powered offence stalled in the playoffs. Instead he is losing his job because he made one wrong decision.

In Game 7, Little left his ace Pedro Martinez in the ball game. Little came out to check on Martinez in the eighth inning but left him in after Pedro told him he was all right. This proved to be the beginning of the end for both Little and the Red Sox. Martinez, who had a 5-2 lead, gave up a double to Derek Jeter, followed by an RBI single by Bernie Williams. Hideki Matsui and Jorge Posada both got hits off Martinez, and it was the end of the line for Boston.

Now, looking back, yes, Martinez was tired and probably should have come out of the game. But Little had struggled with his bullpen all year, and trusted Martinez to get out of the inning.

And why shouldn't he. Pedro Martinez is one of the game's premier pitchers. If Little cannot trust his ace, and perhaps the game's best pitcher, who can he trust?

All managers should be able to show confidence in their go to guy. And in Game 7, they should trust that guy to be on the mound. Recently he has thrown 115 plus pitches. Martinez threw a gem of a ballgame, only giving up two runs through seven innings. Unfortunately, for Red Sox fans everywhere, Martinez was unable to get the job done.

But this does not mean Little should lose his job. Neither one, more. The positives of the playoffs far outweigh one decision. Little, I think, was to get his team into the playoffs. Little then found a way to keep a split clubhouse together. The Red Sox were so close through the playoffs that instead of high-fiving each other, they would cut each other a ling.

But Little is gone, and another man will have the job. Ending the worst curse in sports. So whoever this person is, good luck to him, and here is one last piece of advice: don't leave Pedro in too long.